



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YMCA GYMNASTICS

1100 Woodmere, Suite A
Traverse City, MI 49686

This is not a TCAPS program

Grand Traverse Bay YMCA Recreational Gymnastics classes will meet weekly for six weeks. PreTeam & Team classes are ongoing with monthly payment plan. **Y Gymnastics will have final approval on class placement.** Phone Y Gymnastics at 929-2869 with all gymnastics questions. Session dates: **Winter I (6 weeks): Week of Jan 3 – Week of Feb 7**

Winter II (6 weeks): Week of Feb 14 – Week of Mar 21

Boys & Girls ages 1 – 3 (w/parent)

Y Members: \$25 non-Members: \$49
__ Tue 10:30 am __ Wed 10:30 am
__ Thurs 10:00 am __ Fri Noon
__ Sat 10:30 am (all classes 45 minutes)

Boys & Girls ages 3 – 4

Y Members: \$25 non-Members: \$49
(This class ONLY available to 3 year olds upon placement by a YMCA Gymnastics coach)

__ Mon 4:30 pm __ Mon 5:30 pm
__ Tue 10:30 am __ Tue 3:30 pm
__ Tue 4:30 pm __ Tue 5:30 pm
__ Tue 6:30 pm __ Wed 10:30 am
__ Wed 4:00 pm __ Wed 5:00 pm
__ Wed 6:00 pm __ Thurs 10:00 am
__ Thurs 3:30 pm __ Thurs 4:30 pm
__ Thurs 5:30 pm __ Thurs 6:30 pm
__ Fri Noon __ Sat 11:30 am
__ Sat 12:30 pm (all classes 45 minutes)

Boys & Girls ages 5 – 6

Y Members: \$25 non-Members: \$49
__ Mon 4:30 pm __ Mon 5:30 pm
__ Tue 10:30 am __ Tue 3:30 pm
__ Tue 4:30 pm __ Tue 5:30 pm
__ Tue 6:30 pm __ Wed 10:30 am
__ Wed 4:00 pm __ Wed 5:00 pm
__ Wed 6:00 pm __ Thurs 10:00 am
__ Thurs 3:30 pm __ Thurs 4:30 pm
__ Thurs 5:30 pm __ Thurs 6:30 pm
__ Fri Noon __ Sat 11:30 am
__ Sat 12:30 pm (all classes 45 minutes)

Boys Only ages 7 & up

Y Members: \$30 non-Members: \$54
__ Mon 4:30 pm __ Wed 6:00 pm
(all classes 55 minutes)

Private Lessons

Y Members: \$36/hr
non-Members: \$48/hr

PARENTS PLEASE NOTE:

Y Gymnastics is a progressive program. To assure the best and safest coaching for your child and other children, class placement by our coaches is necessary.

Beginner Girls ages 7 & up

Y Members: \$30 non-Members: \$54
(This class ONLY available to 7 year olds upon placement by a YMCA Gymnastics coach)

__ Mon 4:30 pm __ Mon 5:30 pm
__ Mon 6:30 pm __ Tue 4:30 pm
__ Tue 5:30 pm __ Wed 5:00 pm
__ Wed 6:00 pm __ Thurs 4:30 pm
__ Thurs 5:30 pm __ Thurs 6:30 pm
__ Sat 10:30 am (all classes 55 minutes)

Int ages 6 & up 1 or 2 day s/week

1 day: Y Members: \$46 non-Members: \$70
2 day: Y Members: \$76 non-Members: \$100
(coach recommendation required)
__ Mon 5:30 pm __ Tue 4:30 pm
__ Wed 5:00 pm __ Thurs 4:30 pm
__ Sat 10:30 am (all classes 1hr 55min)

Advanced 1 or 2 days per week

1 day: Y Members: \$46 non-Members: \$70
2 day: Y Members: \$76 non-Members: \$100
(coach recommendation required)
__ Mon 5:30 pm __ Tue 4:30 pm
__ Wed 6:00 pm __ Thurs 4:30 pm
__ Sat 9:30 am (all classes 2 hours)

NEW Trampoline & Tumbling Class

Y Members: \$30 non-Members: \$54
(must be intermediate level or above to register)
__ Mon 3:30 pm __ Tue 6:30 pm
__ Wed 4:00 pm __ Wed 7:00 pm
__ Thurs 6:30 pm (all classes 55 minutes)

FUN MEET TEAMS

Pre-Team Levels 3-4 (4 hrs)

Y Members: \$66/mo non-Members: \$80/mo
__ Tues & Thurs 4:30 – 6:30 pm

Pre-Team Levels 3-4 (6 hrs)

Y Members: \$84/mo non-Members: \$98/mo
__ Tues & Thurs 4:30 – 7:30 pm

COMPETITION TEAMS

SAVE \$10 OFF listed rate for payments received before the 1st of each month. **ADD \$10** late fee to listed price for all payments received after the 5th of the month due.

Team Levels 4-5 (9 hrs)

Y Members: \$125/mo non-Members: \$139/mo
__ Tue, Wed, Thurs 4:30–7:30 pm

Team Level 5 (12 hr)

Y Members: \$145/mo non-Members: \$159/mo
__ Mon, Tue, Thurs 4:30–8:30

Team Levels 5-6 (16 hr)

Y Members: \$189/mo non-Members: \$203/mo
__ M,T,Th 4:30 – 8:30 pm, Sat 9:30 – 1:30

Team Levels 6-7 (20 hr)

Y Members: \$235/mo non-Members: \$249/mo
__ M,T,W,Th 4:30 – 8:30 pm, Sat 9:30 – 1:30

Team Levels 8-10 (24 hr)

Y Members: \$265/mo non-Members: \$279/mo
__ M-F 4:30 – 8:30 pm, Sat 9:30 – 1:30

Name _____ Male/Female Address _____

Age _____ Grade _____ Birthdate _____ City _____ State _____ Zip _____

Mother's Name _____ (Home) _____ (Work) _____ Current Y Member?: Yes/No

Father's Name _____ (Home) _____ (Work) _____ Member Exp Date _____

Liability Release, Sportsmanship Pledge, and Understanding of Mission: I hereby assume all risks incidental to the above person's participation and waive, release, absolve, indemnify, and agree to hold blameless the Grand Traverse Bay YMCA, its organizers, volunteers, sponsors, and other participants for any claim arising out of injury to said person during such participation. I give my permission to the Grand Traverse Bay YMCA for this registrant to appear in photographs, videotapes, etc. associated with YMCA programs. PARENTS: Our staff is trained in child abuse prevention and all sign a code of conduct. Please report any suspicious activity immediately. *I will at all times display the YMCA values of honesty, respect, caring, and responsibility and encourage all gymnasts and coaches in a positive manner. I understand the Y mission in offering this program: to build strong kids, strong families, and strong communities.*

Signed _____ Date: _____

For Office Use Only:

Date received _____ Received by _____ Amount received _____

Method of payment: cash _____ check _____ VISA/MC# _____ Expiration Date _____